



Weight-loss surgery is not about what you need to **lose**  
**it's about what you have to gain.**

This American Society of Bariatric Surgery designation is recognized by many insurance companies for weight-loss surgery as it meets the highest standards of quality and safety.

**The Baptist Bariatric Center of Excellence** wants to help you gain an active, healthy lifestyle in 2009.

The Baptist Bariatric Center also offers **Create Your Weight®**, a personalized, non-surgical program taught by a registered dietitian. Join the Baptist Bariatric Center for a free seminar on **January 15** to learn life-long nutrition and weight management.

**Let us help you keep your 2009 resolution.** Call Baptist Health Care at **(850) 434-4080** or visit **[www.eBaptistHealthCare.org/Bariatrics](http://www.eBaptistHealthCare.org/Bariatrics)**.



**You'll Love the Way  
Baptist Cares for You**