Lovely Legs for Spring

A Champion for Children

Let Us Baby You, Too

ANDREWS INSTITUTE IN YOUR NEIGHBORHOOD

In the Kitchen with My Healthy Blueprint and the YMCA
Over the past two decades Baptist Health Care experienced tremendous growth and expansion. We are no longer limited to traditional health care. The array of services we are proud to provide include everything from health care to social services to employment services for the disabled. In this spring edition of Gulf Coast Healthy Living, we are celebrating our new Mission, Vision and Values with stories about great servant leaders, including Lakeview Center’s new CEO, Allison Hill, (Page 5) and our Baptist Legends and Hollinger Award winners (Page 14). Our growing reach into the community is evident in the orthopaedic services Andrews Institute brings to our neighborhoods and schools (Page 9), as well as the foster care services we provide to ensure safe homes for our children (Page 6), and, of course, in the state-of-the-art medical services we provide the Gulf Coast (Page 10). Our Mission is to help people throughout life’s journey. Through the joys as well as the trials, we are committed to being there for you and your family.

OUR MISSION
Helping people throughout life’s journey.

OUR VISION
To be the trusted partner for improving the quality of life in the communities we serve.

OUR VALUES
Guided by Christian values, we commit to the following:

OWNERSHIP accountable, engaged, stewardship, responsive, committed

INTEGRITY honest, principled, trustworthy, transparent

COMPASSION empathetic, merciful, sensitive, kind, giving, forgiving, hopeful

EXCELLENCE safety, quality, distinguished, learning, improving

SERVICE welcoming, attentive, humble, respectful, exceeds expectations, collaborative

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GROCERY STORE 101

Think Produce
Are you putting enough fruits and vegetables in your shopping bags? Produce is low in fat and sodium and naturally rich in fiber. Look for a variety of colors and plan to incorporate the fiber-rich skins and seeds into your meals.
Clean and prepare your fruits and vegetables as soon as you get home. Wash them and store them so they are easy to get to when you need them.

Beware These Danger Zones

Bakery – You’ll find trans-fat and sugar here. Always read the ingredient label, if available, and limit your selection of these tempting, but often unhealthy foods.

Checkout Lanes – It’s easy to rack up an extra 500 calories with one or two of these sugary, fatty, nutrient-poor items. Look for nuts or water if you need a quick pick-me-up.

Fortunately, the YMCA and My Healthy Blueprint offer a class that teaches grocery shopping skills. Turn to Page 13 to learn more.

SPRING

STRAWBERRY VINAIGRETTE

Dress up the greens you just bought with this refreshing fruit vinaigrette. With strawberries in season now, visit a farm to pick your own or buy fresh in local markets.

Ingredients:
1 ½ cups of fresh strawberries
2 tablespoons honey
2 tablespoons apple cider vinegar
2 tablespoons olive oil
¼ teaspoon sea salt
¼ teaspoon ground black pepper

Directions:
Rinse the fresh strawberries and remove the leaves. Chop the strawberries and place them in a bowl. Add the remaining ingredients – honey, apple cider vinegar, olive oil, salt and pepper. Blend together until smooth. Serve over salad.

Adapted from All Recipes Easy Strawberry Vinaigrette. Find healthy, delicious recipes on the My Healthy Blueprint Pinterest board at Pinterest.com/choosebaptist.

FOR ALL-AROUND GOOD HEALTH

Welcome a Pet!
If you’ve been on the fence about having a pet, these health benefits might make your decision a lot easier. The research is in. Pets are great for your health! They…

• Help relieve stress with plenty of cuddles;
• Make you move more with walks and playtime;
• Increase social interaction with other animal lovers;
• Can help improve sleep, especially if they bunk by your side;
• And give you someone to care for, an important predictor of overall wellness.

APRIL IS

SEXUAL ASSAULT AWARENESS MONTH

Practice safety for you and your loved ones. Know the resources for sexual assault victims and education.

• Victims can speak with an advocate who can help at the 24-hour Victim Services Hotline 850.433.7273.
• Learn more about services provided locally by visiting eLakeviewCenter.org > Behavioral Health > Specialty Services > Victim Services.
• Call 911 if you see someone in danger.

Learn more about our approach to community wellness. Visit eBaptistHealthCare.org/myhealthyblueprint.
Spring on the Gulf Coast means a return to the beaches, and that means the return of lighter wardrobes that reveal skin. Don’t let varicose veins or spider veins prevent you from enjoying your time in the sun. At the Baptist Vein Center, numerous services are offered to minimize the pain, health risk and unsightly appearance associated with vein disease.

James Lonquist, M.D., FACS, a cardiothoracic surgeon with Cardiology Consultants, opened the Baptist Vein Center a few years ago to address the many health issues associated with vein disease.

“My years of performing numerous bypass surgeries using veins to reroute coronary arteries led to a deep concern for the health of my patients’ veins,” says Dr. Lonquist. “The procedures we offer focus on the whole health of the patient.”

Suspect Vein Disease?
Six things to do:
- Know the risk factors: gender (women are twice as likely to suffer from vein disease), family history, pregnancy and standing professions.
- Avoid standing for long periods of time.
- Wear compression stockings.
- Do simple leg exercises throughout the day.
- Avoid crossing your legs.
- See a vein specialist who treats the whole person.

Vein Therapies
- **Laser ablation for varicose veins** – Laser is directed through a catheter to close up the affected vein, leaving it in place to minimize bleeding and bruising.
- **Microphlebectomy** – Varicose veins are removed through a tiny incision in the leg.
- **Laser treatment of spider veins** – Laser directs intense heat to destroy small veins.
- **Injection sclerotherapy of spider veins** – A solution is injected into the vein, causing the vein to collapse and fade.

For more information about Baptist Vein Center & Medical Spa or to make an appointment, call 850.969.8346.
Allison Hill became Lakeview Center’s new president and CEO on Dec. 1, 2016. She is a Pensacola native, an 18-year veteran of the agency, the first female and third CEO in its 63-year history.

“When I first learned the Mission of Lakeview Center, I knew it was a good fit for me,” says Hill. “I get to do meaningful work here, and it’s very rewarding.”

Hill shares insights about her new role at the most comprehensive social services agency in the Southeast.

1 EXPLAIN THE ESSENCE OF LAKEVIEW CENTER.

Our Mission is organically at the core of everything we do: “to help people throughout life’s journey.” When 3,000 staff members embrace your agency’s Mission of helping others, regardless of their role, you can make an impact. Our staff members move mountains to help our clients.

2 WHAT DOES YOUR MISSION STATEMENT MEAN?

Life presents us with many challenges. Our Mission reminds us to interact with compassion while trying to find the most appropriate services for individuals experiencing behavioral health issues, children who suffered abuse and neglect, or people with significant disabilities who want to work.

3 HOW WILL LAKEVIEW CENTER CHANGE UNDER YOUR LEADERSHIP?

I don’t know that it will. Everything our previous CEO did aligned with our Mission, which makes for a seamless transition to me. Our approaches may be different, but our focus on Mission is the same.

4 WHO GAVE YOU THE MOST VALUABLE ADVICE, AND WHAT WAS IT?

My grandmother said, “Always treat everyone fairly and everything will be OK.” A young widow with children, she was forced into the workplace, but she always remained generous and active in causes. She was the first female vice president of a bank in her small community in Kentucky and the first female lecturer at her Catholic Church. She believed in bringing people along with you. Ironically, she lived the same Mission I work by today.

5 WHAT’S THE MOST IMPORTANT QUALITY A LEADER CAN HAVE?

Trust. People may not always agree with you, but if you lead with integrity and earn their trust, they are more likely to give you the benefit of the doubt that you’re making decisions with the best intentions and want to follow and support you in those decisions.

6 WHAT DOES A SUCCESSFUL “FINISH LINE” LOOK LIKE WHEN YOU RETIRE?

Our organization is special. We help 35,000 people every year – many of them at times when they are very vulnerable. Some of our employees have been here for 10, 20 and 30 years because they are committed to our Mission of helping people heal and live a good quality of life. If that legacy continues when I’m gone, I’ll consider that a success.

Learn more about the programs and services at Lakeview Center. Visit eLakeviewCenter.org
If you watch the local evening news, you know that Sue Straughn has been a longtime news anchor at WEARTV3. She’s an experienced journalist who has covered everything from elections to hurricanes and all subjects in between, but Straughn is much more than a reporter. She’s also a champion for foster children in our four-county area and has helped countless children for more than four decades.

The results of her good work are deep and long-lasting. Straughn recalls a young man who came to the station not long ago asking to see her. “I walked up front and saw a tall, young man with red hair and freckles standing there in a U.S. Navy uniform,” she said. “In an instant I knew who he was. He came by to say, ‘I just wanted to let you know I made something of myself.’”

The young man was one of five siblings who needed an adoptive home when he was 6 years old. The children had moved around a lot. When calls came pouring in from a program aired by Straughn she couldn’t believe it.

“I put extra effort into this story because I really didn’t think they had a very good chance of being adopted. Five children are a lot to take in.”

Nonetheless, the program produced a success story, and Straughn was invited to the adoption in the judge’s chambers for this particular case. When the judge completed signing the papers, the little redheaded boy said, “Does this mean we get to stay forever now?” Those words ring in her memory to this day, and stories like these strengthen her commitment. In addition to reporting the news, she engages the community to garner support for foster children whose needs range from something as simple as a pillow to clothing.

“I wanted to be a social worker when I was in second grade,” she said. “I didn’t know the name of the job back then, but I knew I wanted to help people. I got the job at WEAR and for a long time I lamented not following my dream.”

Her perspective changed years later while working on a community project with someone when she mentioned her disappointment. Her colleague said, “You are in more of a position to help people in your job than you know.”

God opens doors. From that moment on I realized that through the television station I see problems from all over the community, and I have an opportunity to help every day. I feel a responsibility to help, and I’m blessed to be able to.
“God opens doors,” she said. “From that moment on I realized that through the television station I see problems from all over the community, and I have an opportunity to help every day. I feel a responsibility to help, and I’m blessed to be able to.”

People contact the news station for a variety of reasons looking for resources and answers – even things as basic as underwear for their children. Those requests pull at Straughn’s heartstrings, and she turns to the community to help make the lives of those families better however she can.

She may be most recognized for a campaign she founded 38 years ago: Communities Caring at Christmas. The annual gift drive for children brings in 8,000 to 10,000 Christmas presents each year. The gifts go to children who may not have received any gift that year.

Straughn also started the Nobody’s Child segment more than 25 years ago and over the years has featured hundreds of children, giving them an opportunity to talk about themselves and the kind of adoptive families they hoped to have.

Straughn counts successes in “ones,” in other words, one child at a time. “The need for foster homes is growing, and it can be overwhelming to think about. But if I can help one child find a loving home, that’s a success, and I’m on to the next one.”

In November 2016, The Baptist Health Care Foundation honored Straughn with the Hollinger Award for Community Volunteer to thank her for the work she does to help foster children. “For an organization that I think so much of to recognize me was humbling,” she said. “People don’t have to do nice things like saying ‘thank you’ with awards.”

Most children in the care of FamiliesFirst Network may never meet Straughn or come to know how she’s helped them, but that won’t stop her. “I’d love to save the world, but I also can’t take credit for helping these children. It’s not anything that I do, but a wonderful community that makes miracles happen. They donate money, toys, clothes, and some of them open their homes. If you can open your home or know someone who can, please take the first step and learn more about fostering and adopting.”

For more information, visit FamiliesFirstNetwork.org or call 850.469.3847 (adoptions) or 850.453.7777 (foster care.)
Becoming a mother and having a baby can be an exhilarating experience. Women change on the inside and the outside, not always prepared for the effects from both. Moms-to-be have emotional highs and even some lows, but they should not have to worry over the caregiving experience of their babies or themselves.

Liz Branch chose Baptist Women’s Center as the place to start her journey into motherhood. She said, “I never considered other places to have my son Jack. Baptist has the right boutique-style environment for me.” Branch added, “My nurses, doctor and caregivers were very centered on my family and respected my wishes for privacy, paying careful attention to my birth plan.” She acknowledged that as intense as it was during labor and delivery, “Baptist kept me as relaxed as possible.”

Her son Jack was born on April 17, 2015, but Branch prepared early through resources that Baptist Women’s Center offers moms-to-be, like their prepared childbirth, baby care basics and breastfeeding class series. She commented, “The classes did help me focus on my breathing, exercises and meditation when my labor became more strenuous.” Classes are taught by trained nurses and caregivers.

The dedication from her physician and Baptist staff is what most impressed Branch. Erika Schneider, M.D., an obstetrician at Baptist Medical Group – LadiesFirst, was her doctor. “Dr. Schneider made me feel as if I was her only patient even though I know I was one of many,” Branch said. “She gave me her personal number and encouraged me to call or text anytime I had a concern or question, and I did reach out often.”

Branch added that her nurses shared their personal birth and motherhood stories with her, putting her at greater ease. “With such knowledgeable people around me, I had more confidence and less stress throughout my stay there.”

All moms who choose to deliver at Baptist can experience this same skilled, supportive and personal attention before, during and after pregnancy. This is just another way that Baptist pampers mothers. Let us baby you, too!

Healthy Mom Tips from Regina McCutcheon, M.D., Baptist Medical Group – LadiesFirst OB/GYN

**BEFORE PREGNANCY**
If you smoke, quit! Avoid exposure to passive smoke and maintain a healthy body weight. Eat fresh healthy foods that supply a variety of nutrients and take 400 micrograms of folic acid a day while you’re trying to conceive.

**DURING PREGNANCY**
If you are carrying a normal pregnancy and you have no or low risks, exercise is encouraged. It helps to improve back pain and may even limit your risk of preeclampsia. Avoid dehydration by drinking about a gallon of water a day. If you are dizzy, have palpitations, or your urine is dark yellow, these are signs that you may be dehydrated.

**AFTER PREGNANCY**
Make exercise a family affair and involve your partner and baby in your exercise routines. Exercising after having a baby strengthens stretched abdominal wall muscles, reduces stress and depression, and promotes sleep.

Meet the LadiesFirst obstetricians at BaptistMedicalGroup.org. To learn more about Baptist Women’s Center, visit eBaptistHealthCare.org/birth.
What makes a great neighborhood? For people in northwest Florida, a better community is one that offers convenient access to care.

Andrews Institute providers are known for treating elite athletes and providing that same level of care to all patients at Andrews Institute for Orthopaedics & Sports Medicine in Gulf Breeze, Florida. For many patients, receiving that level of care means a trip across Pensacola Bay Bridge or a drive down Highway 98 to the Gulf Breeze location. While the Andrews Institute flagship location in Gulf Breeze continues to provide an all-inclusive continuum of care, patients may now receive treatment at locations throughout Escambia and Santa Rosa counties.

“Andrews Institute is a sports medicine and orthopaedic destination on a regional and national level,” says Chad McCammon, executive director of orthopaedics. “However, we feel equally compelled to improve access to great care in our own community.”

Placing providers at multiple locations is one step that Andrews Institute has taken to improve access. Additionally, its reach extends beyond Escambia and Santa Rosa counties with the dedicated efforts from its employed group of certified athletic trainers. These trainers provide sports medicine coverage for all public high schools in Escambia, Santa Rosa, Okaloosa and Walton counties.

As a part of the Andrews Institute Sports Medicine outreach program, athletic trainers provide daily sports medicine coverage for the student-athletes and coordinate admittance for physician appointments, diagnostic imaging, surgery and rehabilitation.

“Andrews Institute is committed to providing sports medicine and orthopaedic services on a more convenient basis,” says McCammon. “Our sports medicine outreach program is a critical part of that strategy.”

Andrews Institute providers understand their patients’ desire for top physical performance.

“Many of our providers lead competitive sport lifestyles,” says McCammon. “That experience helps our team connect with patients and speak their language. On any given weekend, you may find one of our providers competing in a community event such as cycling, CrossFit, surfing, powerlifting or other endurance sports.”

The Andrews Institute team treats patients of all ages, fitness levels and walks of life. Visit one of its neighborhood locations today.
Sixty-six years ago Baptist Hospital opened in Pensacola. Over the decades it has grown to become Baptist Health Care, a multi-region organization that includes Baptist, Gulf Breeze and Jay hospitals, Andrews Institute for Orthopaedics & Sports Medicine, Baptist Medical Group (BMG), Cardiology Consultants, Lakeview Center, FamiliesFirst Network, Global Connections to Employment (GCE), and medical parks on Nine Mile Road and in Navarre. This year, we are adding Baptist Medical Park – Airport and Baptist Medical Park – Pace, extending access to services and specialties in our community.

Baptist Medical Park – Airport is located near the entrance of the Pensacola International Airport. The two-story complex features services for primary, cardiology and orthopaedic services that are provided by BMG primary and specialty physicians, Cardiology Consultants and Andrews Institute for Orthopaedics & Sports Medicine. The facility also offers clinical laboratory and X-ray services. Urgent care for minor illnesses and injuries is another key service available on the campus, and patients with orthopaedic injuries will have on-site access to Andrews Institute for a more seamless transition to specialty care.
The first phase of the **Baptist Medical Park – Pace** expansion is complete and open for business. Two BMG family medicine practices along with walk-in care practices are now under one roof along with lab and X-ray services. In late spring, the medical park will complete the second phase of this improvement project to provide space for Andrews Institute Rehabilitation and a BMG LadiesFirst OB/GYN office.

We are working to fulfill our Mission to help people throughout life’s journey, and we are pleased to open these two new locations to provide greater access and convenience.

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The City of Pensacola is proud to see the vision of Baptist Health Care’s state-of-the-art, comprehensive care services come alive through its newest medical park openings – Baptist Medical Park – Airport and Baptist Medical Park – Pace. These facilities will offer health resources and quality care that will keep our community members living vibrant, healthier lives.

– Ashton J. Hayward
Mayor, City of Pensacola

This is an exciting time for Baptist Health Care and the northwest Florida region. With the openings of Baptist Medical Park – Airport and Baptist Medical Park – Pace, we are helping people receive the care they need. As chairman of the Board of Directors for Baptist Health Care, I’m proud to have been part of these projects that will directly impact our community in positive ways.

– Marcus E. Paul, DMD, Baptist Health Care
Board of Directors Chairman

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**Baptist Medical Park – Pace**
3874 Highway 90 / Pace, FL 32571

- Baptist Walk-In Care – Open seven days a week
  - Monday - Friday, 7 a.m. - 7 p.m.
  - Saturday, 7 a.m. - 2 p.m.
- Baptist Medical Group primary and specialty physicians
- X-ray services
- Lab services
- Andrews Institute Rehabilitation

To learn more about the new medical parks, visit [eBaptistHealthCare.org/buildingabetterbaptist](http://eBaptistHealthCare.org/buildingabetterbaptist)
As a young boy growing up on the outskirts of Toronto, Canada, Frank Francone, M.D., knew he wanted to be a physician. He would listen fascinated as his grandmother told tales of Don Edward, the only doctor in the small Italian town of Bitritto. “He saved my grandfather’s life,” says Dr. Francone. “He was there for anyone in the town who needed him. I had no doubt that I wanted to become a doctor like Don Edward.”

A dedicated family man, Dr. Francone comes to Pensacola from a multi-specialty clinic in Fort Walton where he served as director of urgent care and occupational health for 12 years. He now holds the same position at Baptist Medical Park – Nine Mile, where he oversees the many, comprehensive services Baptist Health Care offers.

**A Conversation with Dr. Francone**

- **What brought you to Baptist Health Care?**
  Baptist has a very personal feel about it that impressed me. Patients and doctors alike are treated as individuals and given personalized attention, whatever their needs may be.

- **Why did you choose your specialty of urgent care/occupational health?**
  For most of my career I’ve worked in small towns doing a little bit of everything – delivering babies, assisting in the operating room, doing rounds in the hospital as well as house calls. Urgent care and occupational health allow me the professional freedom to be that general practice kind of guy.

- **What can your patient’s expect when they come to see you?**
  I value personal connection and like to interact face-to-face, so I’ll sit down, talk to the patient, get to know them and examine them. Then I’ll go back to my office and document it in the medical record.

- **What do the occupational health and urgent care programs offer our community?**
  One of the reasons why I chose to work at Baptist is the scope of the occupational health program. Baptist offers a full spectrum of services including pre-employment examinations, interim screenings, injured worker care, annual examinations and other preventive measures to keep the worker healthy.

  Urgent care is for acute medical needs that don’t require the emergency department. Cuts, burns, fevers – if your primary care doctor isn’t available, Baptist Urgent Care can handle these medical issues.

- **How do you like to enjoy your free time?**
  My wife, Bobby Jean, a pediatric nurse, and I have five children ranging in age from 4 to 22. Family means a lot to me, and when I have a few days off we spend the time together, often camping and exploring. Pensacola is new to us so we’re really enjoying discovering all the activities it has to offer.

To learn more about Dr. Francone and other Baptist Medical Group physicians, visit [BaptistMedicalGroup.org](http://BaptistMedicalGroup.org).
Have you heard?

Baptist Health Care partnered with the newly opened Bear Levin Studer Family YMCA to offer health services and guidance to the community through Andrews Institute Rehabilitation and My Healthy Blueprint (formerly Healthy Lives) nutrition classes at the Gulf Power Demo Kitchen.

TO JOIN A CLASS, please sign up with the YMCA to reserve your spot. I’d also love to hear your suggestions for future topics and classes. Email me at meghan.mccarthy@bhcpns.org or tell a YMCA staff member what you want to see featured in the kitchen.

These Wednesday foodie sessions are simple, fun and informative. They also are a great opportunity to meet dynamic physicians and caregivers outside of the doctor’s office. Learn how they walk their talk at home with healthy lifestyle cooking.

Visit the Baptist Health Care Facebook page for class photos, videos and healthy tips. I look forward to seeing you at the kitchen!

To sign up for a cooking class at the Bear Levin Studer Family YMCA, call 850.438.4406.

Kellie Medeiros, R.N., health coach at My Healthy Blueprint, prepares a recipe at a YMCA Lunch and Learn session.

For more information about My Healthy Blueprint, visit eBaptistHealthCare.org/myhealthyblueprint.
A legendary tale is often viewed as a story with people so heroic and selfless that it seems unbelievable. Yet here at Baptist Health Care we have real Legends among our team. We have ordinary people who display actions filled with extraordinary Values of Ownership, Integrity, Compassion, Excellence and Service (VOICES). We honor these Legends of Baptist Health Care by sharing their VOICES, their stories of bravery and conviction. Their kindness and commitment to serve make them legendary in Baptist’s history and give us stories to study, cherish and emulate.

Read their incredible stories at eBaptistHealthCare.org/legends.

Katrina Snider
R.N., Labor and Delivery
Baptist Hospital

Alicia Williams
Medical Technician, Cardiology Consultants
Baptist Heart & Vascular Institute

Pam Walker
Project Manager
Pensacola Janitorial Services, NAS Global Connections to Employment, Inc.
an affiliate of Lakeview Center, Inc.

Bobby Farmer
Plant Operations Foreman
Gulf Breeze Hospital

Donna Goodale
Nuclear Medicine Technologist
Gulf Breeze Hospital

The Baptist Health Care Hollinger Awards recognize those who have selflessly used their talent, skills and compassion to improve life in our community. Named for Pick and Alberta Hollinger, two community members who devoted their lives to service, the award recognizes servant leaders in five categories.

HOLLINGER AWARD WINNERS

COMMUNITY VOLUNTEER
Sue Straughn

VOLUNTEER OF THE YEAR
Logan Hunter

LIFETIME ACHIEVEMENT
B. Kirk Ball Sr.

WOMEN’S BOARD VOLUNTEER
Connie Crosby

HEALTH CARE PROFESSIONAL
Gary Bembry

Left to right: Sue Straughn, Logan Hunter, B. Kirk Ball Sr., Connie Crosby, Gary Bembry

Honoring Our Servant Leaders
HEALTHY LIVES NOW ‘MY HEALTHY BLUEPRINT’
Baptist Health Care’s corporate and community wellness program, Healthy Lives, is now My Healthy Blueprint by Baptist Health Care. The name change coincides with Baptist’s new Mission, Vision and Values and reflects a focus on helping community members become architects of long-lasting health practices that will take them well beyond their golden years.

ANDREWS INSTITUTE EXTENDS COVERAGE TO OKALOOSA AND WALTON SCHOOLS
Andrews Institute for Orthopaedics & Sports Medicine recently signed contracts with the Okaloosa and Walton county school districts to provide sports medicine coverage to Freeport, Paxton, South Walton and Walton high schools in Walton County and to Choctawhatchee, Fort Walton Beach and Niceville high schools in south Okaloosa County. As the official sports medicine provider, Andrews Institute will provide certified athletic trainers (ATCs) and physicians who will provide 24-hour on-call service, daily medical coverage and injury evaluations and management.

GCE NAMES TAN ‘TOMMY’ HUYNH EMPLOYEE OF THE YEAR
The Global Connections to Employment employee works at the Naval Air Station Pensacola contract site as a food service worker in the scullery. You can read his success story at GCE.org > successes.

STUDER FOUNDATION DONATES $100,000 TO BAPTIST INFUSION CENTER
The gift will be used to expand the infusion center at the Baptist Cancer Institute. The Baptist Infusion Center facilitates services for a wide variety of specialties such as oncology, cardiology and rheumatology. This project will separate chemotherapy infusions from the existing infusion center, allowing for more space and convenience in patient treatment areas. The project is expected to be completed late summer 2017.

Happy Anniversary!
Thank you for choosing us for your care.

Andrews Institute celebrates 10 years of service to the community in April.

Baptist Medical Park – Navarre celebrates 17 years of service to the community in May.

Lakeview Center celebrates 63 years of service to the community in May.

Gulf Breeze Hospital celebrates 32 years of service to the community in June.
Baptist Health Care is growing to improve your access to quality health care and services. The newest location, Baptist Medical Park – Airport features:

- **Baptist Urgent Care, open 7 days a week, 7 a.m. – 7 p.m.**
- Andrews Institute for Orthopaedics & Sports Medicine
- Baptist Medical Group primary and specialty physicians
- Baptist Heart & Vascular Institute
- X-ray services
- Lab services

Located at the entrance of Pensacola International Airport, our newest Baptist Health Care location is an investment in improving the health of our community for many years to come.